



# Family and Community Services Program of Study

Prepare for your future working with families and community members to improve communication, interpersonal relationships, and provide quality childcare options.

## RECOMMENDED COURSE SEQUENCE

### 1 Principles of Human Services (1 credit) (8<sup>th</sup> – 9<sup>th</sup> Grade)

This course will enable students to investigate careers in the human services career cluster, including counseling and mental health services, early childhood development, family and community, and personal care services.



### 2 Dollars and Sense (1/2 credit) (10<sup>th</sup> Grade)

Dollars and Sense focuses on consumer practices and responsibilities, money-management processes, decision-making skills, impact of technology, and preparation for human services careers.



### Interpersonal Studies (1/2 credit) (10<sup>th</sup> Grade)

Students examine how relationships between individuals and among family members significantly affect the quality of life. Students use knowledge and skills in family studies and human development to enhance personal development.



### 3 Counseling and Mental Health\* (1 credit) (11<sup>th</sup> -12<sup>th</sup> Grade)

Model the knowledge and skills necessary to pursue a counseling and mental health career through simulated environments. Course content includes a focus on career opportunities in counseling and mental health, effective communication techniques, characteristics of various mental illnesses, and use of technology in the profession. Students are expected to apply knowledge of ethical and legal responsibilities, limitations, and the implication of their actions.



### 4 Family and Community Services Capstone\* (1 credit) (12<sup>th</sup> Grade)

Family and Community Services Capstone is a course designed to involve students in realistic and meaningful community-based activities correlated to the Community Health Worker Certification competencies. Through direct service and/or service-learning experiences students have opportunities to interact with and provide services to individuals, families, and the community through community or volunteer services. Emphasis is placed on developing and enhancing organizational and leadership skills and characteristics. Students are encouraged to participate in extended learning experiences such as career and technical student organizations and other

For more information about CTE Course requirements, view our EMS ISD Course Description Handbook.

\*Indicates a TEA approved Advanced CTE Course

